



OHHN - Collaborative Policy Scan Project

Together 4 Health
Hospitals

Together 4 Health -> Cambridge Memorial Hospital

Provision Notes:

The **Ontario Heart Health Network** (OHHN) is the provincial network that supports the OHHP-Taking Action for Healthy Living Community Partnerships across six regions in Ontario.

The OHHN Policy Work Group conducted a scan of policies *across the 36 OHHP-Taking Action for Healthy Living Community Partnerships in five areas*: 1) access to nutritious foods; 2) access to recreation and physical activity; 3) active transportation and the built environment; 4) prevention of alcohol misuse and 5) prevention of tobacco use and exposure *across three sectors* a) *Education*: school boards; b) *Health Care*: hospitals as a worksite (e.g. what policies exist on these topics for health care staff) and c) *Government* (district/region; county; municipality; township).

Purpose

The purpose of this scan was to *create a baseline inventory of policies that exist* at the provincial level based on local data to inform the transition of OHHP-Taking Action for Healthy Living Community Partnerships to Healthy Community Partnerships under the Ministry of Health Promotion's new Healthy Communities Ontario approach to be implemented in 2010.

www.mhp.gov.on.ca/english/default.asp

Policy is defined as:

- a principle, value or course of action that guides present and future decision-making;
- can be implemented in a variety of settings, such as schools, worksites and community;
- can be formal or informal, but it should specify expectations, regulations and guides to action;
- can provide more equitable access to determinants of health such as income, housing, and education: and
- can have a consequence for non-compliance and some method of enforcement

Ontario Heart Health Network. (2007) Volume 1: Building Healthy Policy across Ontario through Community Partnerships. www.ohhn.net

About this Scan and the Information Found:

The policy questions developed for this scan were informed by evidence-based reports and publications.

There is recognition that not all policies would be applicable for all areas in Ontario.

A protocol book was written and utilized by the ten consultants contracted to compete this policy scan.

The data collected for this scan was between October 26, 2009 and December 13, 2009. Data was collected by scanning publicly available websites and/or contacting representatives via telephone or email. The source of information is identified for each question.

Notes for each section were written by the consultant during the data collection phase.

More information about this policy scan is available at www.ohhn.net

Hospitals

Section 1: Access to Nutritious Food

1.1 Hospital policy that supports the availability of healthy foods: in vending machines

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS Specialist

1.2 Hospital policy that supports the availability of healthy foods: in snack bars and cafeterias

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS Specialist

1.3 Hospital policy that supports the availability of healthy foods: at meetings

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS Specialist

1.4 Hospital policy that supports the availability of healthy foods: for or at fundraising activities

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS Specialist

Section 2: Access To Recreation and Physical Activity

2.1 Policies to support health care staff to engage in active recreation (i.e. subsidies for recreation membership)

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS
Specialist

2.2 Policies to support health care staff to engage in active recreation while at work (i.e. permission to leave the premises; development of walking or multi-use paths or trails on-site; extended lunch for physical activity).

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS
Specialist

Section 3: ACTIVE TRANSPORTATION AND THE BUILT ENVIRONMENT

3.1 Policies to support health care staff to engage in active transportation to attend work.

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS
Specialist

Section 4: PREVENTION OF ALCOHOL MISUSE

4.1 Policies to support health care staff to access alcohol prevention programs (i.e. through an Employee Assistance Program; extended health benefits)

Existence of a Policy

- No
- Yes

If yes, what is the name of the policy:

no name provided

Level of Policy

- In Development
- Implemented
- Unknown

Source of Information

Janet Moore, Benefits, Compensation, HRIS Specialist

Section 5: PREVENTION OF TOBACCO USE AND EXPOSURE

5.1 Policies that expand the definition of smoke-free health care facilities to include the following: Smoke-free grounds

Existence of a Policy

- No
- Yes

If yes, what is the name of the policy:
no name provided

Level of Policy

- In Development
- Implemented
- Unknown

Source of Information

Janet Moore, Benefits, Compensation, HRIS
Specialist

5.2 Policies that expand the definition of smoke-free health care facilities to include the following: Availability of cessation support to employees

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS
Specialist

5.3 Policies that expand the definition of smoke-free health care facilities to include the following: Inclusion of cessation treatment in benefits for employees

Existence of a Policy

- No
- Yes

Source of Information

Janet Moore, Benefits, Compensation, HRIS
Specialist