



OHHN - Collaborative Policy Scan Project

Choices 4 Health
School Boards

Choices 4 Health -> Halton District School Board

Refusal Given:

All school board information was gathered using website searches only.

Data Collected between
Oct 26/2009 and Nov 30/2009
Data Collected by: AMS and Associates

Provision Notes:

The **Ontario Heart Health Network** (OHHN) is the provincial network that supports the OHHP-Taking Action for Healthy Living Community Partnerships across six regions in Ontario.

The OHHN Policy Work Group conducted a scan of policies *across the 36 OHHP-Taking Action for Healthy Living Community Partnerships in five areas*: 1) access to nutritious foods; 2) access to recreation and physical activity; 3) active transportation and the built environment; 4) prevention of alcohol misuse and 5) prevention of tobacco use and exposure *across three sectors* a) *Education*: school boards; b) *Health Care*: hospitals as a worksite (e.g. what policies exist on these topics for health care staff) and c) *Government* (district/region; county; municipality; township).

Purpose

The purpose of this scan was to *create a baseline inventory of policies that exist* at the provincial level based on local data to inform the transition of OHHP-Taking Action for Healthy Living Community Partnerships to Healthy Community Partnerships under the Ministry of Health Promotion's new Healthy Communities Ontario approach to be implemented in 2010.

www.mhp.gov.on.ca/english/default.asp

Policy is defined as:

- a principle, value or course of action that guides present and future decision-making;
- can be implemented in a variety of settings, such as schools, worksites and community;
- can be formal or informal, but it should specify expectations, regulations and guides to action;
- can provide more equitable access to determinants of health such as income, housing, and education: and
- can have a consequence for non-compliance and some method of enforcement

Ontario Heart Health Network. (2007) Volume 1: Building Healthy Policy across Ontario through Community Partnerships. www.ohhn.net

About this Scan and the Information Found:

The policy questions developed for this scan were informed by evidence-based reports and publications.

There is recognition that not all policies would be applicable for all areas in Ontario.

A protocol book was written and utilized by the ten consultants contracted to compete this policy scan.

The data collected for this scan was between October 26, 2009 and December 13, 2009. Data was collected by scanning publicly available websites and/or contacting representatives via telephone or email. The source of information is identified for each question.

Notes for each section were written by the consultant during the data collection phase.

More information about this policy scan is available at www.ohhn.net

School Boards

Section 1: Access to Nutritious Food

1.1 School board policies that support the availability of healthy foods: in vending machines

Existence of a Policy

- No
- Yes

Source of Information

www.hdsb.ca

1.2 School board policies that support the availability of healthy foods: in snack bars and cafeterias

Existence of a Policy

- No
- Yes

Source of Information

<http://www.optimumfuel.ca/en-US/CA/FUEL/>

1.3 School board policies that support the availability of healthy foods: at meetings

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.4 School board policies that support the availability of healthy foods: for or at fundraising activities

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.5 School board policies that support the availability of healthy foods: in breakfast, lunch or snack programs

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.6 Is the School Board Representative aware of individual schools that support the availability of healthy foods: in vending machines

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.7 Is the School Board Representative aware of individual schools that support the availability of healthy foods: in snack bars and cafeterias

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.8 Is the School Board Representative aware of individual schools that support the availability of healthy foods: at meetings

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.9 Is the School Board Representative aware of individual schools that support the availability of healthy foods: for or at fundraising activities

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.10 Is the School Board Representative aware of individual schools that support the availability of healthy foods: in breakfast, lunch or snack programs.

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.11 School board policies that support school gardens

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca>

1.12 Is the School Board Representative aware of individual schools that support school gardens

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

Section Notes:

Not policy but Aramark, the cafeteria vendor for the board includes healthy choices in the selection and provides information on their menus on a website.

Many schools work with Food for Thought program for healthy snacks.

Section 2: Access To Recreation and Physical Activity

2.1 School board policies for Mixed Use of School Grounds

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca/CommunityResources/Pages/CommunityUseofSchools.aspx>

2.2 Is the School Board Representative aware of individual schools policies for Mixed Use of School Grounds

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca/CommunityResources/Pages/CommunityUseofSchools.aspx>

2.3 School board policies that reduce sedentary screen time while on school property (e.g. policies limiting screen time in preschool and after-school programs)

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca>

2.4 Is the School Board Representative aware of any schools that have policies that reduce sedentary screen time while on school property (e.g. policies limiting screen time in preschool and after-school programs)

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca>

Section Notes:

Do have a Community Use of Schools agreement

Section 3: ACTIVE TRANSPORTATION AND THE BUILT ENVIRONMENT

3.1 Does the school board have Active transportation policies for students to attend school (e.g. cycling; walking; walking school buses; active and safe routes to school policies)

Existence of a Policy

- No
- Yes

If yes, what is the name of the policy:

Active and Safe Routes to School

Level of Policy

- In Development
- Implemented
- Unknown

Intended Population for the Policy

- All Students
- Elementary Students
- Secondary Students
- Families/Parents

Source of Information

<http://www.hdsb.ca/Programs/Pages/ActiveandSafeRoutes.aspx>

3.2 Is the school board representative aware of any schools that have Active transportation policies for students to attend school?

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca/Programs/Pages/ActiveandSafeRoutes.aspx>

Section Notes:

There is a report available on the initial pilot project that was conducted in HDSB
<http://www.halton.ca/health/documents/ASRTS-final-report.pdf>

Section 4: PREVENTION OF ALCOHOL MISUSE

4.1 School board policies regarding alcohol prevention programs (beyond curriculum requirements)

Existence of a Policy

- No
- Yes

Source of Information

www.hdsb.ca

4.2 Is the school board representative aware of any individual school implementing policies regarding alcohol prevention programs beyond curriculum requirements?

Existence of a Policy

- No
- Yes

Source of Information

www.hdsb.ca

Section Notes:

Alcohol is included in the school board code of conduct

Section 5: PREVENTION OF TOBACCO USE AND EXPOSURE

5.1 School board policies that promote tobacco-free sport and recreation activities when off the school site.

Existence of a Policy

- No
- Yes

Source of Information

<http://www.hdsb.ca/Policy/Progressive%20Discipline%20and%20School%20Safety.pdf>

5.2 Is the school board representative aware of any schools that promote tobacco-free sport and recreation activities when off the school site?

Aware of Options

- No
- Yes

Source of Information

<http://www.hdsb.ca/Policy/Progressive%20Discipline%20and%20School%20Safety.pdf>

Section Notes:

Smoking is not allowed on any school property or during any school activities on or off school property.